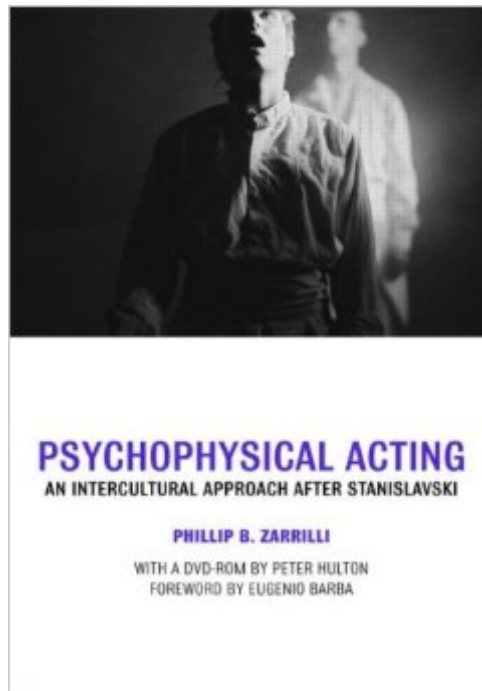


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Psychophysical Acting: An Intercultural Approach After Stanislavski



Synopsis

Psychophysical Acting is a direct and vital address to the demands of contemporary theatre on today's actor. Drawing on over thirty years of intercultural experience, Phillip Zarrilli aims to equip actors with practical and conceptual tools with which to approach their work. Areas of focus include: an historical overview of a psychophysical approach to acting from Stanislavski to the present acting as an 'energetics' of performance, applied to a wide range of playwrights: Samuel Beckett, Martin Crimp, Sarah Kane, Kaite O'Reilly and Ota Shogō a system of training through yoga and Asian martial arts that heightens sensory awareness, dynamic energy, and in which body and mind become one practical application of training principles to improvisation exercises. Psychophysical Acting is accompanied by Peter Hulton's interactive DVD-ROM featuring exercises, production documentation, interviews, and reflection.

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